

# Degradomics-Driven Intervention: Reimagining Alzheimer's Therapy Through Targeted Protein Degradation

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## ABSTRACT

The build-up of amyloid-beta proteins in the brain is one of the key problems of AD wherein the soluble oligomeric forms are believed to be the most toxic, especially for memory and learning. These soluble A $\beta$  attacks the synapses in the hippocampus and other brain regions making synaptic loss the best morphological marker of cognitive decline. The neurophysical underpinnings of hippocampal-dependent learning and memory, known as synaptic plasticity, involves persistent changes in synaptic strength manifesting as long term potentiating (LTP) or long term depression (LTD) which was proved with the help of certain artificial A $\beta$  oligomers. These proteins have been shown to significantly and selectively disrupt this plasticity by impairing glutamergic signaling, thereby suppressing LTP and enhancing LTD. Over time these alterations weaken synaptic connections and contribute to progressive cognitive decline.

Despite extensive research current therapeutic approaches solely targets on symptomatic relief rather on reverse or prevention of progression of disease. However the synaptotoxic effects of A $\beta$  still remains incompletely understood. Therefore there is a critical need for novel approach that move beyond symptomatic management to directly targeting early synaptic dysfunctions and other molecular changes affected by abnormal accumulation of proteins. Such interventions could improve synaptic integrity, restore neuronal communication, and slowly or completely prevent further deterioration of AD.

**Keywords:** A $\beta$  oligomers, synapses, hippocampus, synaptic plasticity.

## INTRODUCTION

### 1. Protein Misfolding and Cellular Quality Control

In response to destabilising mutations, stress, or metabolic changes, biosynthesised proteins frequently misfold and fail to perform their biological activities. A cellular control of quality mechanism that consists of autophagy, molecular chaperones, and the proteasomal ubiquitin route (26S pathway or UPP) prevents misfolding of proteins. [1] By dissolving proteins into chains of polypeptide, these processes—often known physiological proteostasis network—avoid the build-up of harmful quantities of unfolded or improperly folded proteins. Serious neurodegenerative disorders like Alzheimer's disease (AD) [53], Parkinson's disease (PD), prion & polyglutamine diseases, and others are brought on by

any disturbance of this system, which causes an accumulation of proteins in various body areas.

### 2. Consequences of Proteostasis Disturbance (Neurodegenerative Disease):

At this moment one of the most well-characterised age related neurodegenerative illnesses is AD even though the potential reason is not entirely understood. Gradual loss of remembering and recognition of objects, dementia, and behavioural and linguistic abnormalities are the hallmarks of Alzheimer's disease. [2,3] This has to do with poor protein synthesis, poor membrane transport, and oxidative damage. Researchers believe that beta-amyloid (Ab) buildup is the disease's root cause. Whenever the amyloid precursor protein, also known as APP, is taken into the extracellular space and subjected to further enzymatic cleavage, amyloid beta is created.

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[4] Ab builds up gradually as a result of overproduction or improper removal. When beta-amyloid accumulates into oligomers, it impairs proteasome function and interferes with neuronal functions. Furthermore, the Ab increases the production and buildup of hyperphosphorylated tau proteins, an exceptionally soluble microtubule-binding protein, and inhibits the proteasomal pathway. Tau usually helps axons of neuron to carry organelles, neurotransmitters, and various other cell components that actually act as trophic factors by stabilising the microtubule network in axons. [5,6] Transportation of axons and neuronal function are hampered by hyperphosphorylated tau protein, which automatically clumps forming neurofibrillary tangles (NFTs). Because of destabilising mutations, stress, or metabolic changes, biosynthesised proteins frequently misfold and fail to perform their biological roles. A cellular surveillance mechanism that consists of autophagy, molecular chaperones, and the proteasomal ubiquitin route (26S or UPP pathway) prevents the protein from misfolding. [7,6] By dissolving proteins through polypeptide chains, these processes—often recognised as an intracellular proteostasis network—avoid the building up of harmful quantities of unfolded and misfolded protein. Serious neurodegenerative illnesses are exacerbated by any disturbance of this mechanism, which causes proteins to accumulate in different body areas. [8]

## CLINICAL OVERVIEW

The median temporal lobe, which comprises the areas of the entorhinal cortex & hippocampus, is the part of the brain most susceptible to neurological dysfunction with cell death in Alzheimer's disease.

### 1. Protein Aggregates associated:

Tau and A $\beta$  are the proteins that build up in AD. [9] There are three primary stages of AD:

First, the "preclinical" stage, during which tau and A $\beta$  start to build up before symptoms show up. Infrequent loss of memory (repeated questions, misplaced things, etc.) in the second stage of MCI is not severe enough to interfere with day-to-day activities. Increasing loss of functional capacities in the third stage of dementia. Death often happens six to twelve years after the disease first manifests, and is most frequently brought on by immobilisation-related

complications such as B. pneumonia and pulmonary embolism. [10,11]

### 2. Role of Tau Accumulation

As significant just like microtubule-associated proteins (MAPs), tau proteins are found in large quantities in neurones and they contribute to the integrity of microtubules in axons. Synaptic dysfunction, whereby tau localisation is perversely moved beyond axons towards the somato-dendritic compartment, is linked to the accumulation of aggregated tau. Alzheimer's disease (AD) individuals develop intra-cellular tau clumps which is known as neurofibrillary tangles. Tau proteins combine into neurofibrillary tangles when they become too phosphorylated. Additionally, atypical Parkinsonian disorders can result in tauopathies, which are neurodegenerative illnesses marked by the production of hyperphosphorylated tau neurofibrils.  **$\beta$ -Amyloid** Beta-amyloid (A $\beta$ ) buildup is a hallmark of AD, the most prevalent neurodegenerative disease [11,19]. Memories, execution of tasks, language, as well as object and person identification are all affected by this degenerative illness. Two kinds of protein aggregates are responsible for the disease: (i) internal Tau MAP clumps and (ii) external aggregates known as neuritic plaques, which are made up of the A $\beta$  peptide produced by the amyloid precursor protein's proteolytic process [12]. Although the process of aggregation is not fully understood, these clumps are known to be harmful to brain cells. Morbific proteins combine into decipherable poisonous oligomers before producing unsolvable fibrils. Oligomers destroy the phospholipid bilayer by exposing hydrophobic surfaces. [12,13]

### 3. Inherited Predispositions:

Early-onset of autosomal dominant AD has been linked to alterations in three genes: PSEN1 and PSEN2, which encode presenilins 1 & 2, respectively, and APP, which encodes the A $\beta$  ancestor protein. [14,16] The synthesis of A $\beta$  peptides involves all three genes. Two enzymes,  $\beta$ -secretase &  $\gamma$ -secretase, sequentially cleave amyloid precursor protein to synthesise A $\beta$ ; their catalytic core of  $\gamma$ -secretase is composed of presenilins. The theory that amyloid plays a role in the pathophysiology of AD is supported by genetic data, the accumulation of A $\beta$  in the cerebral cortex within the form of amyloid

oligomers and plaques, and the fact that Aβ is lethal when administered to neurones.[15,16] Numerous genes with alleles that raise the risk underlying Alzheimer's disease have been found. APOE, which codes for the lipid transporter protein ApoE, is the most significant of them. The risk of Alzheimer's disease is three times higher for those who inherited the APOE ε4 allele. More over half of the total AD cases occur in these individuals, while making up fewer than 25% of the population. [16]

**PATHOPHYSIOLOGY**

It has been seen that Within the cell neurofibrillary tangles, that are made of the microtubule-related protein tau, and amyloid plaques, those are outside the cell of Aβ, are the pathological hallmarks underlying AD.

**1. Disease onset sequence:**

In a way that is more directly linked to the onset of cognitive impairment, amyloid plaques grow earlier and the load of confusion rises over time. Aβ builds up after mutations that cause overproduction in autosomal dominant AD. [17] Aggregation of Aβ plays a significant role in the pathophysiology of AD. Even while highly structured Aβ fibrils make up plaques, soluble Aβ oligomers—possibly as tiny as dimers—seem to be more harmful. Additionally, tau forms neurofibrillary tangles by aggregating into

paired helical filaments. Tau's propensity to aggregate is increased through post-translational alterations such as phosphorylation, proteolysis, besides additional alterations. Excitotoxicity, oxidative stress, neuroinflammation, and direct disruption of synaptic transmission including plasticity are among of the methods by which tau and A cause neuronal dysfunction and death.[18,19]

**2. Neurotransmitter Science:**

ACh deficit is the most evident neurochemical anomaly in AD. The atrophy and degradation of subcortical cholinergic neurones is the anatomical foundation of cholinergic insufficiency.[20] The "cholinergic hypothesis," which holds that ACh shortage is the mainreason of Alzheimer's disease, was sparked by the discovery that central cholinergic antagonists, such as atropine, may cause similar confusional state in AD and the selective ACh deficiency in AD. Illness persists. AD symptoms.[19,20] Nevertheless, Alzheimer's disease is complicated and includes several neurotransmitter systems, such as glutamate, 5HT, and neuropeptides. As a result, cholinergic neurones as well as target locations in the hippocampus and cerebral cortex that receive cholinergic inputs are destroyed.[20,21]

**3. Commonly used cholinesterase inhibitors used for AD [22,23,24]**

| Properties           | Donepezil         | Rivastigmine   | Galantamine                               |
|----------------------|-------------------|--|---|
| Enzymes involved     | AchE              | AchE, BuchE  | AchE                                      |
| Typical dose         | 10 mg once daily  | 9.5mg/24 h (transdermal)<br>3-6 mg twice daily(oral) | 16-24 mg/day<br>8-12 mg /day twice daily. |
| FDA approval for use | Mild to severe AD | Mild to moderate AD                                  | Mild to moderate PDD                      |
| Metabolism           | CYP2D6            | CYP3A4   | CYP3A4                                    |

Table 2 : BuChE is a hepatic and serum cholinesterase that is increased in AD brain, while AChE is the primary cholinesterase in the brain. b. Starting dosages are usually administered for the first months of therapy and are half of the ongoing dose. c CYP2D6 and CYP3A4-metabolizing medications might cause elevated blood levels when used with medications that block these enzymes, such paroxetine and ketoconazole.

## PROTEIN DEGRADATION SYSTEM IN CELLS

### 1. The Ubiquitin-Proteasomal System

The main part within the ubiquitin-proteasomal system (UPS) (Fig 1), the proteasome, catalyses the selective process of intracellular protein breakdown in eukaryotic cells. The key proteolytic mechanism of both usual and aberrant synaptic proteins is the proteasomal destruction of ubiquitin.

#### 1.1 Processes of UPS (Activation, Conjugation, Recognition, Ubiquitin Elimination, Substrate Degradation):

Five procedures make up UPS: activation, conjugation, recognition, ubiquitin elimination by certain deubiquitinating enzymes (DUBs), and proteasome-mediated substrate destruction. The UPS controls protein activity through numerous forms of ubiquitination and controls protein breakdown through proteasome-mediated proteolysis. Over 80% of both normal and aberrant intracellular proteins are broken down by the UPS.[25,26] The UPS breaks down most of the intracellular proteins in tissues, whereas lysosomes endocytose and break down extracellular and certain cell surface proteins. Numerous biological functions, including the cell cycle, the transcription of DNA including repair, apoptosis, and quality control, are regulated by the UPS. Additionally, it prevents protein folding errors and agglomeration and preserves proteostasis throughout ageing and illness. [26,27]

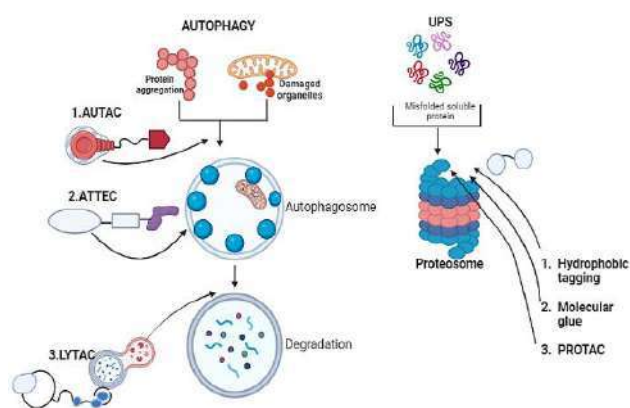


Figure 1: Techniques for chemically induced targeted degradation of proteins as well as processes for cellular protein degradation. UPS, ubiquitin-proteasome system; Ub, ubiquitin; AUTAC, car

chimaeras that attack Agy; ATTEC, an autophagosome binding compounds; LYTAC, lysosome-invaded chimaeras; LC3, microtubule-related proteins, light chains 3B 1A/1B; Cl-M6PR, mannose-6-phosphate receptor that is not dependent on cations; protein of interest, or POI; E3 Chimaera; PROTAC; E3 Ubiquitin Ligase

#### 1.2 Ubiquitination and deubiquitination

Ubiquitin Topology and the E1-E2-E3 Ligase Cascade:

All tissues contain ubiquitin, a protein which have a molecular mass of 8.5 kD and 76 amino acids that can be found free or covalently conjugated. Ubiquitin activation (E1), conjugation (E2), & ligation (E3) all contribute to the reversible process of ubiquitination, which is the covalent add-on of the glycine residue of ubiquitin to the lysine residue of the intended protein via an isopeptide bond. Enzymes. Recently, the E4 enzyme's action was characterised. For conjugation, ubiquitin is produced by the enzymes E1 & E2. A particular substrate is recognised by E3 enzymes, which then catalyse the transfer of active ubiquitin to the substrates.[28]

#### 1.3 Polyubiquitin Chain Formation and Linkages:

To create a polyubiquitin chain, E4 enzymes catalyse the coupling of extra ubiquitin monomers, often through lysine-48 (K48) linkages (Figure 1). Four additional ubiquitin proteins targeting a single substrate make up the polyubiquitin chain during 26S proteasome breakdown. E3 ligases come in two varieties: the RING finger/adaptor and HECT (C-terminal homolog of E6-related protein). When faulty proteins undergo polyubiquitination

(the binding of ubiquitin to the substrate), individual the HECT region E3 ligase establishes a covalent connection with ubiquitin through a thioester intermediate. Ubiquitin is transferred directly from its attached substrate E2 enzyme by the RING finger E3 ligase.[29] The kind of ubiquitin connections (K48, K63, K6, K11, K27, K29, and K33) determines the fate of transformed proteins. While K63-linked synthetic polyubiquitinated proteins are broken down by the lysosomal pathway, K48-linked polyubiquitinated peptides are often broken down by the proteasomal system. K6 is linked to DNA repair,

K11 to protein breakdown and cell cycle regulation related to the endoplasmic reticulum (ER), K27 to ubiquitin combination and destruction, K29 to lysosomal degradation, as well as K33 to kinase alteration," according to the various forms of ubiquitin associations.

#### 1.4 Deubiquitinating Enzymes (DUBs): Regulators of Ubiquitin Homeostasis:

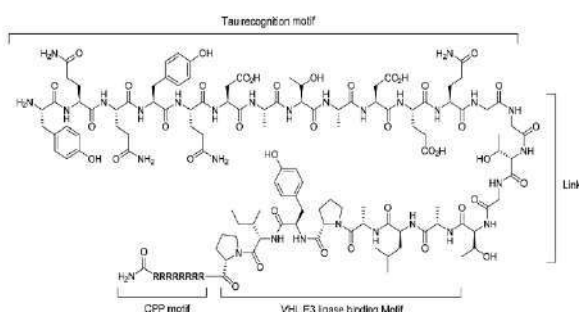
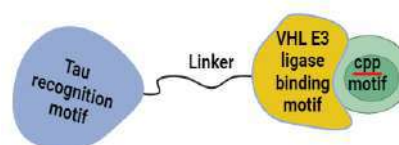
DUBs deubiquitinate polyubiquitin chains at various UPP levels after the proteasome identifies a polyubiquitinated substrate.[30]. Deubiquitination may take place prior to or following DUB's recognition of the 26S proteasome substrate. The catalytic core breaks down the substrate during substrate identification, and DUBs process ubiquity while holding onto monoubiquitin to continue ubiquitination. When freshly translated ubiquitin attaches to the C-terminal amino acids or is broken down by terminal ubiquitin amino acid hydrolase 1 (UCHL1), deubiquitination is necessary. About 100 DUBs are found in eukaryotic cells. Seven of these are found in the protein synthesis system, and 27 are found in the neurological system (Fig. 2).[31]

Five kinds of deubiquitinating enzyme protein are distinguished. [14, 28] (i) ubiquitin C-terminal hydrolases (UCHs), such as UCHL1, UCHL3, as well as UCHL5/UCH37; (ii) ubiquitin-specific proteases (USPs), such as USP7, USP9x, and USP14; (iii) Machado-Joseph disease-causing protease, such as ataxin-3; (iv) otubain proteases (OTUs), such as otubain 1 and otubain 2 (v) metallo-enzymes (JAMMs), such as PSMD14/Rpn11 & JAB1/MPN/Mov34. Protease degradation is either facilitated or inhibited by ubiquitin chain cleavage. In order to control proteasomal breakdown and cure AD, the enzymes engaged in this process—in particular, DUB—may be useful therapeutic targets.[30,31]

#### TARGETED PROTEIN DEGRADATION FOR NEURODEGENERATIVE DISEASES

Tau is a key pathogenic protein in Alzheimer's disease, great attempts have been undertaken to either eradicate it or prevent its formation.

##### 1. Peptide-Based PROTACs Targeting Tau Protein



**Figure 2. Structure of a peptide-based PROTAC targeting tau protein.**

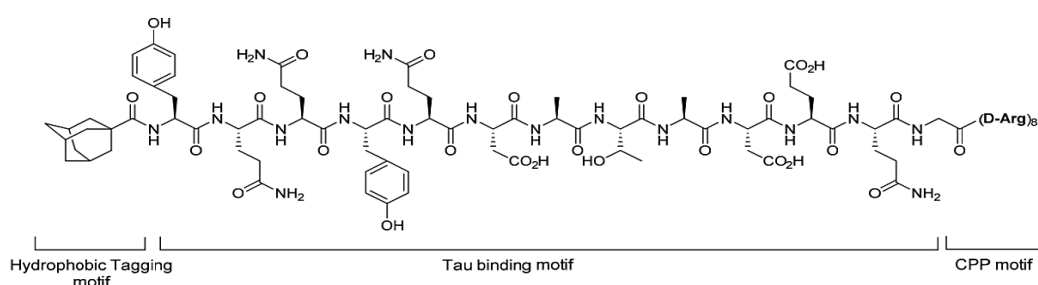
A peptide-based molecule called PROTAC, which has four motifs—one tau recognition motif, a linker, an E3 ligase attachment motif, and a cell penetration peptide (CPP) motif—was used by Chu et al. in 2016 to describe the initial targeted tau degradation system.[32,38] Three known peptides were assessed in order to determine the finest peptide for tau recognition, and the peptide that corresponded with the sequence YQQYQDATADEQG was determined to be the best in their investigation. The binding peptide structures DRHDS(p)GLDS(p)M and ALAPYIP were used to test two E3 ligases: von Hippel-Lindau tumour suppresser protein (VHL) and Skp1-cullin F-box ligase (SCF). The findings demonstrated that VHL outperforms SCF. The most active molecule, PROTAC TH006, which comprises an arrangement of 32 acidic amines, was discovered by use of the short linker sequences (GSGS) that links the tau binding structure, the ligase E3 interaction motif, and the poly arginine CPP (Figure 2).[33,34] It has been demonstrated that TH006 effectively penetrates cells and causes tau protein breakdown by boosting VHL E3 ligase polyubiquitination (Fig 2). Additionally, using an AD transgenic mice model, that was demonstrated to decrease tau levels of proteins via TU005 to lessen A $\beta$  neurotoxicity.[34,38]

##### 2. HyT-Tau-CPP Degradator:

It has been demonstrated that HyT another technology effectively breaks down tau protein. The

collapse of tau protein by the tagged accepting hydrophobic degrader HyT was reported by Gao et al. in 2017. By affixing a taubin binding motif to a poly-D-arginine CPP motif and an N-terminal hydrophobic amino acid tag, they created a tau protein degrader. The linker was not taken into account in this HyT-Tau-CPP combination (Figure 3), and motif was chosen as the Tau protein's binding sequence.[35] The scientists treated Neuro cells expressing tau-EGFP with HyT-Tau-CPP (Fig 3) at varying doses and for varying lengths of time in order to examine the

cellular breakdown of tau protein by the chemical. HyT-Tau-CPP decreased tau protein in a dosage- and time-dependent manner, according to tau protein Western blot analysis and flow cytometry assay results.[36] Furthermore, a co-treatment investigation with the proteasome antagonist MG132 was conducted to show if tau breakdown by HyT-Tau-CPP is controlled by the UPS. Since the target protein was not destroyed in the data, it is likely that HyT-Tau-CPP (Fig 3) broke down the tau protein by the UPS.[36,37]

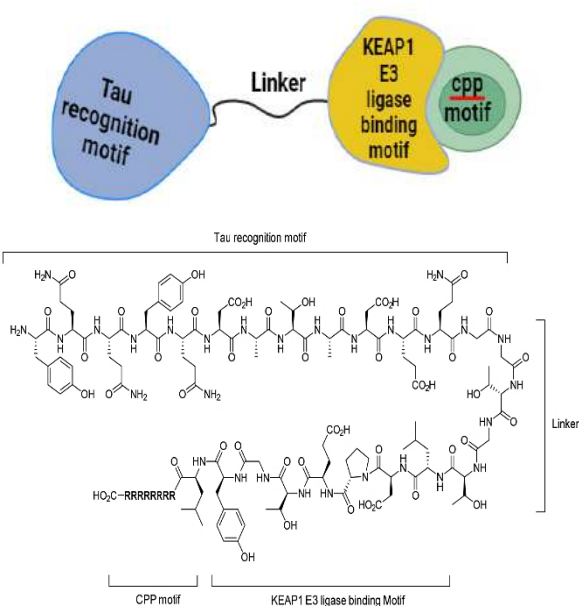


**Figure 3. Structure of HyT-Tau-CPP**

A peptide-based PROTAC that targets the protein tau as the POI and adopts a Keap1 E3 ligase (Figure 4) interaction motif was described by Lu et al. in 2018. One of the connector amino acids in the Cul3-RING Ubiquity ligase complex, Keap1 (Kelch-like ECH-associated protein 1) is well-known due to the cell-protective properties of the Keap1-Nrf2 pathway against a variety of xenobiotic and oxidative stressors that cause cancer and neurodegenerative diseases.[39,40]

### 3. VHL E3 Ligase:

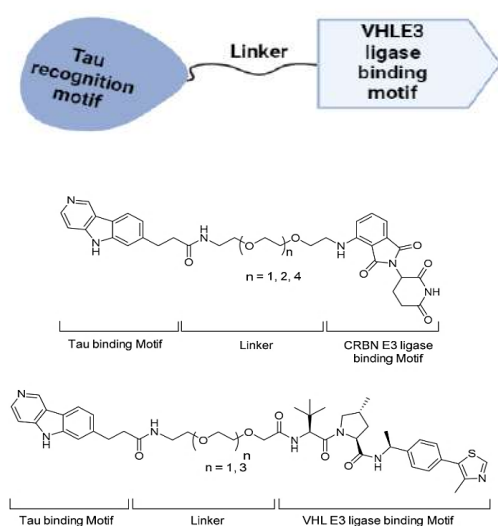
The authors of this work tried to demonstrate the potential uses of the Keap1 E3 ligase by using it as a PROTAC (Fig 4) technologies platform. TauKeap1-CPP PROTAC's general structure is comparable to that which was previously described in 2016, where the VHL E3 ligase-obligatory motif was used. The sole distinction was the substitution of the Keap1-binding motif (LDPETGEYL) with the VHL E3 ligase-binding motif. By using the isothermal titration calorimetry experiment, the  $K_d$  values of the Tau-Keap1-CPP PROTAC protein and Keap1 were determined to be 22.8 and 763 nM, respectively.[40,41] It was demonstrated that the produced PROTAC molecules degraded cellular tau in a way that was dependent on both time and dosage. Degradation through the UPS was also demonstrated in a co-treatment experiment involving the proteasome antagonist MG132 and Keap1 siRNA knockdown. This work is significant since it extended the PROTAC technology and showed that Keap1 ligands contain peptides by demonstrating the utilisation of the Keap1 E3ligase in PROTAC technology. [52]



**Figure 4. Structure of Tau-Keap1-CPP PROTAC as a degrader**

According to the "Patent Highlight" article by R.B., the first extremely tiny molecule PROTAC was released in 2019 as a tau degrader (Fig 5). Kargbo

(Fig. 5, n denotes number of repeating ethylene glycol unit in linker). "Compounds for degrading tau proteins" was the title of the initial report. Six significant PROTACs that target tau have been chosen for this article, and their molecular makeup are shown. The two fragments were joined utilising polyethylene glycol (PEG)-based links after the introduction of a pyridoindole moiety as the tau binding motif and the minor molecule linkers Cereblon (CRBN) and VHL. The new method successfully eliminated total and hyperphosphorylated Tau proteins in a depletion trial using human Tau P301L and Tau A152T neurones.[42]



**Figure 5. Structures of small-molecule Tau degrader**

## CLINICAL SIGNIFICANCE & ETIOLOGICAL CHANGES:

### 1. Precision Targeting and Disease Specificity:

Targeted Degradation versus Inhibition: Differentiating the "event-based" characteristics of TPD (catalytic elimination) from the "occupancy-based" nature of conventional small-molecule inhibitors (transient blocking). Selectivity for Pathogenic Conformations; The capacity of TPD agents to selectively identify and dismantle hazardous, misfolded protein variants (e.g; hyperphosphorylated Tau or A $\beta$  oligomers) while preserving functioning native proteins. [43] Dose

Response Efficacy. The possibility of sub-stoichiometric dosage resulting from the catalytic mechanism, which provides enhanced therapeutic indices and less overall drug exposure relative to inhibitors.

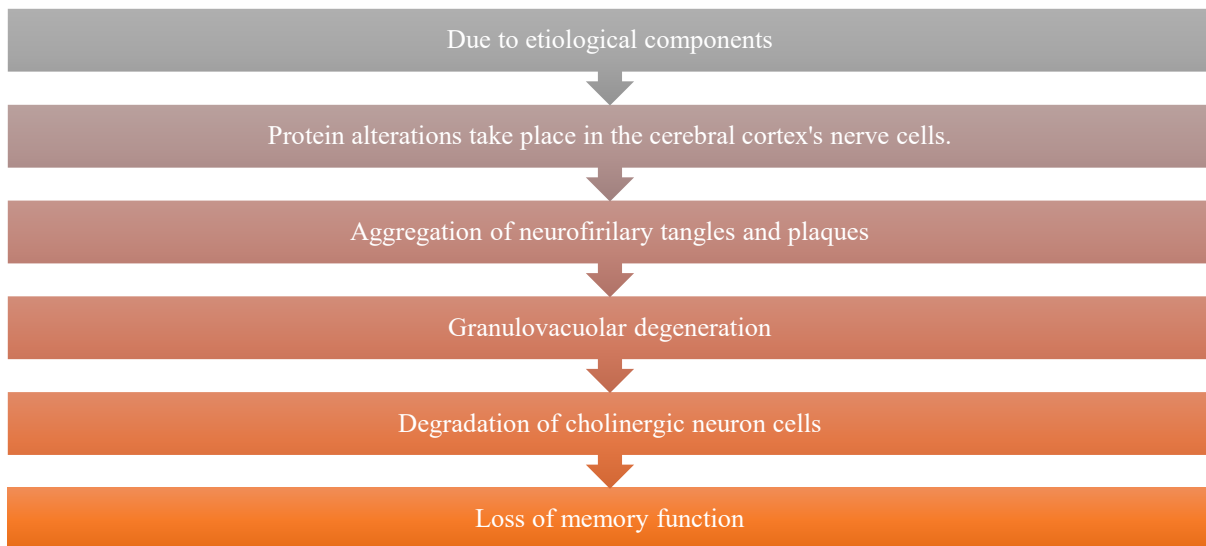
### 2. Disease Modification and Therapeutic Potential:

Reversal of synaptotoxicity: Clinical potential to restore memory function and Long-Term Potentiation (LTP) by stopping or reversing A $\beta$  oligomer-induced synaptic damage. Clearance of Aggregates; TPD's molecular benefit is that it eliminates protein aggregates, the cause of pathology, instead of just reducing its consequences downstream; Addressing Drug Resistance; TPD's ability to target proteins that were previously thought to be "undruggable" by traditional binding inhibitors increases the number of potential therapeutic targets.

**3. Therapeutic Potential:** TPD offers a promising avenue for the development of disease-modifying therapies for AD. By harnessing the body's own protein degradation machinery, TPD compounds have the capacity to slow or halt disease progression, providing hope for patients and their families. [44,45]

**4. Combination Therapies:** To effectively address several facets of AD pathogenesis, TPD can be used in conjunction with already available therapeutic methods like immunotherapies or tiny-molecule inhibitors. The range of patients who might benefit from treatment may be expanded by this multimodal strategy, which may also increase therapeutic efficacy. [45,46] Even though TPD remains in its infancy, it has really interesting promise for treating AD. The potential of TPD to target different proteins implicated in AD is being intensively studied by researchers. To evaluate its efficacy and safety in people, clinical studies are being conducted. TPD is a significant advancement in the ongoing search for a treatment for Alzheimer's disease.

Millions of people with AD may have a better future with this novel techniques if research based on these approaches continues with efficacy.[47,48]



#### FUTURE DIRECTIONS AND LIMITATIONS:

**1. Expanding TPD Targets:** While current TPD approaches have successfully targeted Tau protein, future research must focus on developing potent PROTACs or other degraders [50] that effectively target highly toxic A $\beta$  oligomers and the enzymes responsible for their generation.

**2. CNS Drug delivery Optimization:** The primary challenge for any neurodegenerative therapy is CNS bioavailability. Future work must prioritize optimizing the physicochemical properties and cross-linkers of TPD molecules to enhance their blood-brain barrier penetration and reduce off-target effects.[50]

**3. Advancing Other Degradation Modalities:** Further exploration of other non UPS pathways such as AUTAC, ATTEC, and LYTAC (which utilize the autophagy-lysosomal route), is needed to address aggregated or extracellular proteins that are less amenable to UPS-based degradation. [51]

**4. Combination Therapies:** Creating plans to combine targeted protein degradation with current treatments, including immunotherapies or small-molecule inhibitors, may result in a multimodal strategy that simultaneously treats several aspects of AD pathogenesis, boosting overall therapeutic success.[49]

**5. Clinical Translation:** In order to assess the safety and effectiveness of highly effective TPD agents in human AD patients, the field must quickly translate them into clinical trials.

#### LIMITATIONS:

**Off-Target Degradation Risk:** As TPD relies on hijacking endogenous E3 ligases, there is an inherent risk off-target protein degradation, which could lead to unforeseen toxicity or side-effects; **Large Molecular Size:** Drug development is hampered by the comparatively large peptide-based molecules seen in many first-generation PROTACs (e.g; TH006, HyT-Tau-CPP), which often lead to poor cell permeability and low oral bioavailability. It is necessary to expedite the switch to small-molecule PROTACs (such as those that use VHL or CRBN linkers); **Catalytic Mechanism Difficulties:** In contrast to occupancy-based inhibitors, TPD's catalytic nature in which a single degrader molecule can eliminate several target proteins might make dose-response relationships and pharmacokinetic/pharmacodynamic modeling more difficult.[54]

#### CONCLUSION

A paradigm shift in treatment approach is required due to the increasing prevalence of neurodegenerative illness which are essentially proteinopathies caused by the build-up of toxic and misfolded protein aggregates. Because they only momentarily impede protein activity and frequently miss many "undruggable" targets, traditional small molecule inhibitors and "occupancy based" pharmacology are intrinsically limited and cannot stop the underlying illness development. Target protein degradation is a method that employs small and medium sized molecules to intentionally and selectively dismantle intracellular target proteins. This represents a

revolutionary therapeutic strategy that significantly diverges from antiquated small-molecule pharmaceuticals. The utilization of certain populations as therapeutic agents constitutes the basis of conventional drug development. The target protein becomes non-functional upon the application of small molecule inhibitors. However, the lack of additional, non-specific binding sites restricts the effectiveness of traditional "occupational" pharmacotherapy. These restraints are overcome by targeted protein degradation, a modality that demonstrates how a transient binding interaction can induce the functional inactivation of a protein through its selective removal from the cell. In this study, the introduction of Targeted Protein Degradation (TPD) as a powerful and innovative therapeutic approach that addresses the drawbacks of traditional medication is highlighted.

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